April 2024| MENU Pre-K Wake County Public School System Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Breakfast Yogurt Box with WG Crackers V 100% Apple Juice Lunch Orange Chicken & Brown Rice WG Dinner Roll Savory Green Beans V Diced Peaches	02 <u>Breakfast</u> Breakfast Queso & WG Chips V Applesauce Cup <u>Lunch</u> WG Beef Chalupa Salsa V Sliced Pears	03 <u>Breakfast</u> WG Southern Chicken Biscuit Diced Peaches <u>Lunch</u> Brunch Egg & Cheese on WG Ciabatta V Sweet Potato Fries V Fresh Fruit	04 Breakfast WG Breakfast Tacos V Blueberry Cup Lunch Yogurt Box with WG Graham Crackers V Baked Beans V 100% Fruit Blend Juice	05 <u>Breakfast</u> WG Cereal V Diced Pears <u>Lunch</u> Pizza Day! V available Fresh Tossed Salad V Diced Peaches
08 Breakfast WG Churro Cheese Bites V 100% Fruit Blend Juice Lunch WG Cheese Calzone V Steamed Broccoli V Diced Peaches	09 Breakfast Breakfast Queso & WG Chips V Applesauce Cup Lunch WG Beef Chalupa Black Beans V Sliced Pears	10 Breakfast WG Southern Chicken Biscuit Diced Peaches Lunch WG Brunch Wrap Savory Green Beans V Fresh Fruit	11 Breakfast WG Breakfast Tacos V Blueberry Cup Lunch Yogurt Box with WG Graham Crackers V Sweet Potato Fries V 100% Fruit Blend Juice	12 Breakfast WG Cereal V Diced Pears Lunch Wild Mike's WG Cheese Bites V Marinara V Diced Peaches
15 <u>Breakfast</u> WG Jumbo Waffles V 100% Apple Juice <u>Lunch</u> Lemon Chicken Grain Bowl Dinner Roll Mixed Vegetables V Diced Peaches	16 Breakfast Breakfast Queso & WG Chips V Applesauce Cup Lunch WG Beef Chalupa Ranch Style Pinto Beans V Sliced Pears	17 <u>Breakfast</u> WG Southern Chicken Biscuit Diced Peaches <u>Lunch</u> WG Brunch Grilled Cheese V Garlic Spinach V Fresh Fruit	18 <u>Breakfast</u> WG Breakfast Tacos V Blueberry Cup <u>Lunch</u> Yogurt Box with WG Graham Crackers V Sweet Potato Fries V 100% Fruit Blend Juice	19 Breakfast WG Cereal V Diced Pears Lunch Wild Mike's WG Cheese Bites V Marinara V Diced Peaches
22 <u>Breakfast</u> Yogurt Box with WG Crackers <i>V</i> 100% Apple Julice <u>Lunch</u> Orange Chicken & Brown Rice WG Dinner Roll Savory Green Beans <i>V</i> Diced Peaches	23 Breakfast Breakfast Queso & WG Chips V Applesauce Cup Lunch WG Beef Chalupa Salsa V Sliced Pears	24 <u>Breakfast</u> WG Southern Chicken Biscuit Diced Peaches <u>Lunch</u> Brunch Egg & Cheese on Ciabatta <i>V DoD</i> Roasted Red Bliss Potatoes <i>V</i> Mixed Vegetables <i>V</i> Fresh Fruit	25 <u>Breakfast</u> WG Breakfast Tacos <i>V</i> Blueberry Cup <u>Lunch</u> Yogurt Box with WG Graham Crackers <i>V</i> Baked Beans <i>V</i> 100% Fruit Blend Juice	26 <u>Breakfast</u> WG Cereal V Diced Pears <u>Lunch</u> Pizza Day! V available DoD Cucumber Sticks with Dip V DoD Fresh Local Strawberries
29 Breakfast WG Churro Cheese Bites V 100% Fruit Blend Julice Lunch WG Cheese Calzone V Steamed Broccoli V Diced Peaches	30 Breakfast Breakfast Queso & WG Chips V Applesauce Cup Lunch WG Beef Chalupa Black Beans V Sliced Pears			



2022 K-5 Meal Prices:

Full Price Breakfast: \$1.50
Reduced Price Breakfast: Free, while funding is available

Full Price Lunch: \$3.25
Reduced Price Lunch: \$.40
Adults: A la Carte Pricing

Breakfast includes: Entrée, fruit & unflavored

milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

V Symbolizes the daily vegetarian options
Peanut butter & Jelly Sandwiches available
upon request

Menu selection is subject to change at any time.

